

Supplementary Table 1 Jadad Score of Enrolled RCTs

Study	Generation of Allocation sequence	Allocation concealment	Double Blinding	Withdrawals	Total
Chen2011	2	2	2	1	7
Chen2014	2	1	0	1	4
Fan2012	2	2	0	1	5
Huang2019	2	1	0	1	4
Ji2017	2	1	0	1	4
Li2012	2	1	0	1	4
Lian2012	2	2	2	0	6
Liu2017	2	1	2	1	6
Wang2012	2	2	2	0	6
Wang2013	2	1	0	1	4
Wang2016	2	1	2	0	5
Wang2019	2	2	2	0	6
Yang2013	2	1	0	1	4
Yu2018	2	2	0	1	5
Zhang2014	2	2	0	1	5
Zhang2016	2	1	0	1	4

Supplementary Table 2 Adverse Events

Study	Treatment	Control	Types of AEs (n)	Risk ratio (95% CI)
Fan 2012	2/40	18/40	TCM: Gastric discomfort (4) Control: Asthenia (3); Headche (4); Flush (8); Liver dysfunction (3)	0.11 [0.03, 0.45]
Huang 2019	0/30	0/31		Not estimable
Lian 2012	0/83	0/82		Not estimable
Liu 2017	5/35	2/35	TCM: Pruritus(2); Gastroenteric discomfort (2); Diarrhea (1) Control: Gastroenteric discomfort (2)	2.50 [0.52, 12.03]
Wang 2013	0/60	0/60		Not estimable
Wang 2016	2/48	0/48	TCM: Diarrhea (2)	5.00 [0.25, 101.48]
Yang 2013	0/40	0/20		Not estimable
Zhang 2014	1/36	0/37	TCM: Diarrhea (1)	3.08 [0.13, 73.24]
Chen 2014	0/30	0/30		Not estimable
Ji 2017	1/33	2/33	Not mentioned	0.50 [0.05, 5.25]
Li 2012	0/38	5/37	Control: Gastric distension (3); Abdominal discomfort (2)	0.09 [0.01, 1.55]
Yu 2018	13/215	9/199	Not mentioned	1.34 [0.58, 3.06]