Supplementary Fig 1. Flow diagram

1. Identification
   - Records identified through database searching
     \( n = 7,112 \)

2. Screening
   - Records after duplicates removed
     \( n = 3,839 \)

3. Eligibility
   - Records screened
     \( n = 3,839 \)
   - Records excluded
     \( n = 3,482 \)
     - Full-text articles excluded
       \( n = 332 \)
       - Wrong outcomes \( n = 292 \)
       - Conference or presentation \( n = 16 \)
       - Wrong study design \( n = 15 \)
       - Wrong patient population \( n = 9 \)
   - Full-text articles assessed for eligibility
     \( n = 357 \)
   - Studies included in qualitative synthesis
     \( n = 25 \)

4. Included
   - Studies included in quantitative synthesis
     (meta-analysis)
     \( n = 18 \)