

Supplementary table 1. Remaining lifetime risks and 10-year risk of diabetes in women and men with prediabetes-criteria between ADA and WHO (FG 5.6-6.1 mmol/l) and in normal glucose individuals (FG <5.6mmol/l), for different index ages

Glucose between ADA and WHO	Normal glucose
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Age in years	N [†]	Women	N [†]	Men	N [†]	Women	N [†]	Men	P-value*	P-value ⁺
45										
Lifetime	1088	36.5% (28.8 to 44.2)	1022	25.9% (20.3 to 31.6)	3323	14.2% (11.6 to 16.8)	2029	13.6% (10.5 to 16.7)	0.015	0.390
10-year	93	9.3% (5.8 to 18.1)	124	2.9% (0.1 to 6.9)	619	0.8% (0.3 to 1.9)	397	1.3% (0.2 to 2.8)	0.094	0.280
55										
Lifetime	1050	31.2% (26.3 to 36.2)	967	24.4% (19.5 to 29.4)	3060	13.6% (11.1 to 16.1)	1873	12.4% (9.6 to 15.3)	0.029	0.265
10-year	497	4.5% (1.9 to 7.0)	505	6.4% (2.8 to 10.0)	1740	3.3% (2.0 to 4.7)	1057	2.1% (0.7 to 3.5)	0.192	0.099
65										
Lifetime	874	28.5% (23.6 to 33.4)	769	20.4% (15.9 to 24.9)	2200	10.9% (8.6 to 13.2)	1335	11.2% (8.5 to 14.0)	0.008	0.433
10-year	621	10.0% (7.0 to 13.1)	622	8.8% (5.9 to 11.6)	1673	3.9% (2.7 to 5.2)	1054	5.3% (3.5 to 7.1)	0.284	0.103
75										
Lifetime	561	22.6% (17.5 to 27.8)	468	15.0% (10.2 to 19.7)	1392	7.9% (5.7 to 10.1)	821	7.5% (4.7 to 10.2)	0.016	0.401
10-year	518	15.0% (11.1 to 18.9)	444	10.5% (6.9 to 14.1)	1302	4.6% (3.2 to 6.1)	790	5.2% (3.3 to 7.2)	0.047	0.313
85										
Lifetime	226	12.5% (6.4 to 18.6)	136	8.3% (2.1 to 14.5)	572	4.6% (2.2 to 7.0)	249	4.4% (0.4 to 8.4)	0.172	0.470
10-year	226	10.4% (5.7 to 15.2)	134	8.3% (2.1 to 14.5)	565	4.0% (1.9 to 6.1)	246	2.8% (3.7 to 5.2)	0.298	0.225

Abbreviations: ADA, American Diabetes Association; FG, fasting glucose; WHO, World Health Organization. * P-value for gender difference in category individuals with glucose in between ADA and WHO, † P-value for gender difference in category individuals with normal glucose † number of participants that contributed data to analysis