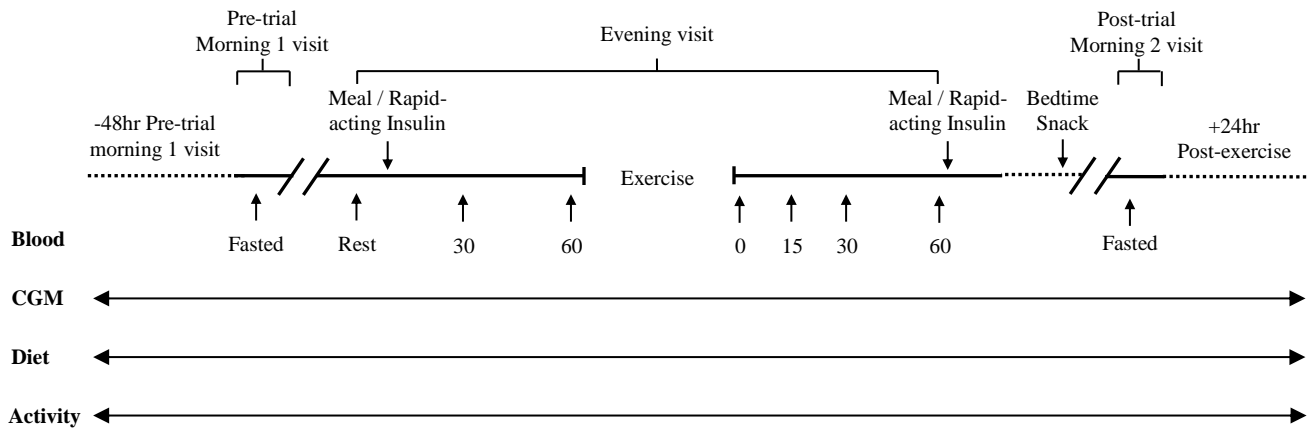


Supplement 1. Schematic of trial design



Note: Blood glucose, lactate, serum insulin, cortisol, NEFA, β -hydroxybutyrate, plasma glucagon, adrenaline, IL-6, and TNF- α were analyzed at each respective blood sample time point.