

Table 2. Assessment of quality (DM management studies) as determined by use of the national collaborating centre for methods and tools "Quality assessment tools for intervention studies"

Author	Selection	Study design	Blinding	Data collection method	Drop out and withdrawal	Intervention integrity	Confounders	Analyses	Global ratings
Lorig et al 2008, USA	Moderate	Moderate	Moderate	Strong	Strong	Strong	Moderate	Strong	Moderate
Thom et al., 2013, USA	Weak	Moderate	Weak	Moderate	Moderate	Moderate	Strong	Strong	Moderate
Safford et al., 2013, USA	Moderate	Strong	Moderate	Moderate	Moderate	Moderate	Strong	Strong	Moderate
Lujan et al., 2007, USA	Moderate	Moderate	Weak	Moderate	Weak	Moderate	Weak	Moderate	Moderate
Long et al., 2012, USA	Weak	Moderate	Weak	Moderate	Moderate	Weak	Weak	Moderate	Weak
Culica et al., 2008, USA	Weak	Weak	Weak	Moderate	Moderate	Moderate	Moderate	Moderate	Weak
Kangovi et al., 2017, USA	Moderate	Moderate	Weak	Moderate	Weak	Moderate	Moderate	Strong	Moderate
Frosch et al., 2011, USA	Weak	Moderate	Weak	Moderate	Strong	Moderate	Strong	Moderate	Moderate
Lima et al., 2017, Spain	Moderate	Moderate	Moderate	Weak	Weak	Moderate	Moderate	Moderate	Moderate
Tsimikas et al., 2011, USA	Weak	Moderate	Moderate	Weak	Strong	Moderate	Weak	Moderate	Moderate
Keyserling et al., 2002, USA	Weak	Moderate	Weak	Moderate	Strong	Strong	Weak	Strong	Weak
Brown et al., 2002, USA	Weak	Moderate	Weak	Moderate	Moderate	Moderate	Moderate	Moderate	Moderate
Brown et al., 2005, USA	Moderate	Moderate	Weak	Moderate	Moderate	Moderate	Strong	Strong	Moderate
O'Hare et al., 2004, UK	Moderate	Moderate	Weak	Moderate	Moderate	Moderate	Strong	Moderate	Moderate
Bellary et al., 2008, UK	Moderate	Moderate	Weak	Moderate	Moderate	Moderate	Strong	Moderate	Moderate
Middelkoop et al., 2001, Netherlands	Poor	Moderate	Weak	Moderate	Moderate	Moderate	Weak	Moderate	Moderate
Islam et al., 2018, USA	Moderate	Moderate	Weak	Moderate	Moderate	Moderate	Weak	Moderate	Moderate