

APPENDIX

Table S1 Countries included in this study and their sample sizes

Low-income countries		Middle-income countries	
Country	N	Country	N
Bangladesh	5,942	Bosnia & Herzegovina	1,031
Burkina Faso	4,948	Brazil	5,000
Chad	4,870	China	3,994
Comoros	1,836	Croatia	993
Ethiopia	5,089	Czech Republic	949
Ghana	4,165	Dominican Republic	5,027
India	10,687	Estonia	1,020
Ivory Coast	3,251	Georgia	2,950
Kenya	4,640	Hungary	1,419
Laos	4,988	Kazakhstan	4,499
Malawi	5,551	Latvia	929
Myanmar	6,045	Malaysia	6,145
Nepal	8,820	Mauritius	3,968
Pakistan	6,501	Morocco	5,000
Senegal	3,461	Namibia	4,379
Vietnam	4,174	Paraguay	5,288
Zambia	4,165	Philippines	10,083
Zimbabwe	4,290	Russia	4,427
		South Africa	2,629
		Sri Lanka	6,805
		Ukraine	2,860
		Uruguay	2,996

Table S2 Questions used to assess health status

Self-care	(1) Overall in the last 30 days, how much difficulty did you have with self-care, such as washing or dressing yourself? (2) In the last 30 days, how much difficulty did you have in taking care of and maintaining your general appearance (e.g. grooming, looking neat and tidy etc.)?
Pain/discomfort	(1) Overall in the last 30 days, how much of bodily aches or pains did you have? (2) In the last 30 days, how much bodily discomfort did you have?
Cognition	(1) Overall in the last 30 days, how much difficulty did you have with concentrating or remembering things? (2) In the last 30 days, how much difficulty did you have in learning a new task (for example, learning how to get to a new place, learning a new game, learning a new recipe etc.)?
Interpersonal activities	(1) Overall in the last 30 days, how much difficulty did you have with personal relationship or participation in the community? (2) In the last 30 days, how much difficulty did you have in dealing with conflicts and tensions with others?
Sleep/energy	(1) Overall in the last 30 days, how much of a problem did you have with sleeping, such as falling asleep, waking up frequently during the night or waking up too early in the morning? (2) In the last 30 days, how much of a problem did you have due to not feeling rested and refreshed during the day (e.g. feeling tired, not having energy)?
Affect	(1) Overall in the last 30 days, how much of a problem did you have with feeling sad, low or depressed? (2) Overall in the last 30 days, how much of a problem did you have with worry or anxiety?
Perceived stress	(1) How often have you felt that you were unable to control the important things in your life? (2) How often have you found that you could not cope with all the things that you had to do?