Baseline Associations with Diabetes Distress (PAID Scale) (n=132)

Variable	β (95% CI)
Age	-0.27 (-0.59, 0.06)
BMI	0.04 (-0.29, 0.37)
Race (Black or AA)	-1.71 (-9.14, 5.72)
Diabetes Duration	-0.03 (-0.37, 0.31)
A1C (n=131)	0.93 (-1.33, 3.18)
Mindful Attention Awareness Scale (MAAS)	**-9.73 (-13.18, -6.28)****
Self-Efficacy for Diabetes (SED)	**-3.27 (-4.97, -1.57)***
PTSD Check List (PCL-C)	**2.09 (1.60, 2.59)****
Depression (PHQ-8)	**1.87 (1.35, 2.39)****

*p<0.001, **p<0.0001